

## Foodplan

In the preparation for the new racing season the races get a mixture of 2/3 diet en 1/3 fly.  
Every day 2x (morning and evening) a ½ egg-cup.  
Dependent off the weather they get less or more.  
When it is colder they get every day 2x (morning and evening) a egg-cup.

An egg-cup is ±25 grams and a half egg-cup is ±12-15 grams.

The whole year they have on there lofts grit (is in dutch is a mixture off shells and red stone) and mineral (is in dutch)

The widowers we feed in there box in a pot.

Every evening after there training the get sweed seed (between thumb and forefinger) in there box.

Every pigeons must eat all the food he gets, that is important because they must eat also in the end of the week. When a pigeons not eat all his food he get the day later less.

Some pigeons need more food, so the fancier must look to that.

### Short and middle distance (Friday basketed) 100-300 km

|                           |         | food  | remaining (medical)                                      |
|---------------------------|---------|---|--|
| Saturday (they come back) |         | 1 egg-cup fly<br>When they like more,<br>They get | Belgasol   |
| Sunday                    | morning | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol every 3 <sup>rd</sup> week<br>B.S. on the food. |
|                           | evening | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol every 3 <sup>rd</sup> week<br>B.S. on the food. |
| Monday                    | morning | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol every 3 <sup>rd</sup> week<br>B.S. on the food. |
|                           | evening | 1½ egg-cup 2/3 diet and 1/3 fly                   | only water   |
| Tuesday                   | morning | 1½ egg-cup 2/3 diet and 1/3 fly                   | Sedochol   |
|                           | evening | 1½ egg-cup 2/3 diet and 1/3 fly                   | Sedochol   |
| Wednesday                 | morning | 1½ egg-cup 2/3 diet and 1/3 fly                   |  |
|                           | evening | 1½ egg-cup fly                                    |  |
| Thursday                  | morning | 1 egg-cup fly                                     | WN-red, oil and brewer's                                 |
|                           | evening | 1 egg-cup fly                                     | yeast when they expect N-<br>wind                        |
| Friday<br>(basketed)      | morning | 1 egg-cup fly                                     |  |
|                           | evening | nothing   |  |

**middle distance (Thursday basketed) 300-450km**

|                           |         | <u>food</u>                                       | <u>remaining (medical)</u>                                    |
|---------------------------|---------|---|---|
| Saturday (they come back) |         | 1 egg-cup fly<br>When they like more,<br>They get | Belgasol or tea<br>weekly varying                             |
| Sunday                    | morning | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol every 3 <sup>rd</sup> week<br>B.S. against the food. |
|                           | evening | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol every 3 <sup>rd</sup> week<br>B.S. against the food. |
| Monday                    | morning | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol every 3 <sup>rd</sup> week<br>B.S. against the food. |
|                           | evening | 1½ egg-cup 2/3 diet and 1/3 fly                   | only water  |
| Tuesday                   | morning | 1½ egg-cup 50% diet 50% fly                       | Sedochol  |
|                           | evening | 1½ egg-cup fly                                    | Sedochol  |
| Wednesday                 | morning | 1½ egg-cup ½ fly and ½ Energy                     | WN-red, oil and brewer's<br>yeast on the food                 |
|                           | evening | 1½ egg-cup ½ fly and ½ Energy                     |   |
| Thursday                  | morning | 1 egg-cup ½ fly and ½ Energy                      | oil and brewer's yeast on<br>the food                         |
| (basketed)                | evening | 1 egg-cup ½ fly and ½ Energy                      |   |

**Long distance every 2 weeks (Thursday basketed) 550-700km**

|                           |         | food  | remaining (medical)               |
|---------------------------|---------|---|-----------------------------------|
| Saturday (they come back) |         | 1 egg-cup fly<br>When they like more,<br>They get | Belgasol                          |
| Sunday                    | morning | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol, BS againsts the food.   |
|                           | evening | 1½ egg-cup c Belgasol, B.S. againsts the food.    |                                   |
| Monday                    | morning | 1½ egg-cup diet                                   | Belgasol, B.S. againsts the food. |
|                           | evening | 1½ egg-cup diet                                   | only water                        |
| Tuesday to Friday         | morning | 1½ egg-cup diet                                   | Tuesday: Sedochol                 |
|                           | evening | 1½ egg-cup diet                                   | Tuesday: Sedochol                 |
| Saturday                  | morning | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol                          |
|                           | evening | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol                          |
| Zondag                    | morning | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol                          |
|                           | evening | 1½ egg-cup 2/3 diet and 1/3 fly                   | Belgasol                          |
| Monday                    | morning | 1½ egg-cup 50% diet 50% fly                       |                                   |
|                           | evening | 1½ egg-cup 50% diet 50% fly                       |                                   |
| Tuesday                   | morning | 1½ egg-cup 50% fly and 50% energy                 | Sedochol                          |
|                           | evening | 1½ egg-cup 50% fly and 50% energy                 | Sedochol                          |
| Wednesday                 | morning | 1 egg-cup 50% fly and 50% energy                  | WN-red, oil and brewer's          |
|                           | evening | 1 egg-cup 50% fly and 50% energy                  | yeast on the food                 |
| Thursday (basketed)       | morning | 1 egg-cup 50% fly and 50% energy                  | oil and bréwer's yeast on         |
|                           | evening | 1 egg-cup 50% fly and 50% energy                  | the food                          |

### Youngsters (basketed Friday)

The whole week a mixture off 2/3 diet and 1/3 fly.

Zaterdag they can eat so much they like

Dinsdag 2x (morning and evening)  $\pm 15$  grams each pigeons

To during the week build up to 2x  $\pm 25$  grams each pigeons on

Friday morning Thursday evening and Friday morning

When they expect Z-wind they get only a little in the morning and with N-wind ca. 25 grams

Friday evening nothing

### remaining (medical)

Saturday (came back) Belgasol

Zondag every 2 weeks BS and the other week Belgatai or Belga Amco

Tuesday Sedochol

Thursday WN-red

### Youngsters (basketed Thursday)

|                           |         | food  | remaining (medical)   |
|---------------------------|---------|---|---|
| Saturday (they come back) |         | they can eat so much they like<br>Of a mixture $\frac{2}{3}$ diet $\frac{1}{3}$ fly | Belgasol  |
| Sunday                    | morning | $\frac{1}{2}$ egg-cup mixture $\frac{2}{3}$ diet $\frac{1}{3}$ fly                  | Belgasol every 2 weeks BS<br>and the other week<br>Belgatai or Belga Amco |
|                           | evening | $\frac{1}{2}$ egg-cup mixture $\frac{2}{3}$ diet $\frac{1}{3}$ fly                  | Belgasol every 2 weeks BS<br>and the other week<br>Belgatai or Belga Amco |
| Monday                    | morning | $\frac{1}{2}$ egg-cup mixture $\frac{2}{3}$ diet $\frac{1}{3}$ fly                  | Belgasol every 2 weeks BS<br>and the other week<br>Belgatai or Belga Amco |
|                           | evening | $\frac{1}{2}$ egg-cup mixture $\frac{2}{3}$ diet $\frac{1}{3}$ fly                  | only water  |
| Tuesday                   | morning | $\frac{1}{2}$ egg-cup mixture $\frac{2}{3}$ diet $\frac{1}{3}$ fly                  | Sedochol  |
|                           | evening | $\frac{1}{2}$ egg-cup mixture $\frac{2}{3}$ diet $\frac{1}{3}$ fly                  | Sedochol  |
| Wednesday                 | morning | 1 egg-cup $\frac{1}{2}$ fly and $\frac{1}{2}$ energy                                | WN-red, oil and brewer's<br>yeast on the food                             |
|                           | evening | 1 egg-cup $\frac{1}{2}$ fly and $\frac{1}{2}$ energy                                |   |
| Donderdag<br>(Basketed)   | morning | 1 egg-cup $\frac{1}{2}$ fly and $\frac{1}{2}$ energy                                |   |
|                           | evening | 1 egg-cup $\frac{1}{2}$ fly and $\frac{1}{2}$ energy                                |   |

The products Belgasol, B.S., Belga Super Fit and Belgabion are from Belgica de Weerd, Breda.

When we think that the pigeons are ill we go for control to a vet (Belgica de Weerd).  
Are they ill then they get medicine, but only when it is necessary.  
A pigeons who is not 100% healthy can make good results, that is also with people.